

***July 2013***

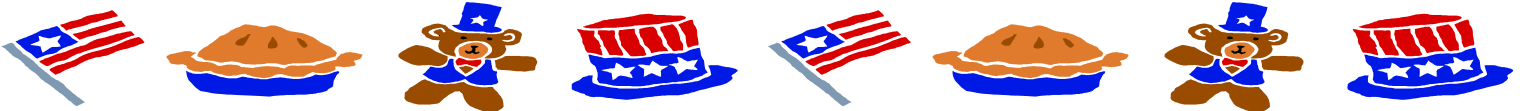
***Hi Lites of  
Lutheran Manor***





Mainey Denson— 916  
Joseph Amil—103

July 2 (Tuesday)	Massage by Appointments	9:00 a.m.	Conf Rm
July 2 (Tuesday)	<b>Speaker-Lowe's/plant care</b>	10:30 a.m.	Lounge
July 4 (Thursday)	Independence Day		
July 6 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
July 6 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
July 7 (Sunday)	4th of July Picnic	1:00 p.m.	Lounge
July 11 (Thursday)	Blood Pressure Check	6:00 p.m.	Lounge
July 12 (Friday)	Second Harvest Food Bank Delivery	11:00 a.m.	Lounge
July 13 (Saturday)	Movie Night-The Blind Side	7:00 p.m.	Conf Rm
July 19 (Friday)	<b>Speaker-Exercise/Nutrition</b>	10:00 a.m.	Lounge
July 20 (Saturday)	Iron Pigs Game	5:00 p.m.	Lounge
July 20 (Saturday)	Social with The Rehrig Brothers	6:00 p.m.	Lounge
July 24 (Wednesday)	<b>Speaker-Fire Safety</b>	1:30 p.m.	Lounge
July 29 (Monday)	Therapy Dog Visit	11:00 a.m.	Lounge



Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Yoga	Every Friday	11 a.m.	Patio
Bible Study	Every Wednesday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Yarns Around	Every Sunday	2 p.m.	Patio



Did you know plants can do more than liven up a room? They can improve your mood and health too.



**Brandon Jobson,  
Live Nursery Specialist from  
Lowe's**

**Tuesday July 2 at 10:30 a.m.**

**Where: Lounge**

Learn all about how to care for your plants/flowers and proper soil to use.

## New Life Style Fitness

### ZUMBA

Do you want to feel good and look your best? Don't miss what Darla has to say about Exercise & Nutrition, for the Golden Age.

**Zumba Fitness** is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance.

**When: Friday July 19**

**Time: 10:00 a.m.**

**Where: Lounge**



### FIRE PREVENTION SAFETY

**FIRE MARSHALL CRAIG HOFFERT** will be here to talk about being safe in your home and show you how to use a fire extinguisher.

**Wednesday July 24th at 1:30 P.M.**

**LOUNGE**

"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us."

**-Helen Keller**





## SUMMERTIME BREAK...

During the months of **July** and **August**

Both Food Stands  
will be closed.  
(Soup/Hot Dogs,  
Snacks)



They will resume in **September**.



JUST A  
REMINDER

No Committee and General  
Meeting for the month of  
**July** and **August**.

# Computer Lab

Nancy will be here on

Wednesday July 10 Topic: How to use  
computer &



Wednesday July 24 Topic:  
Making cards with Publisher  
6-8 p.m.

## Massage Therapy

Tuesday July 2nd  
9 a.m. to 12:30 p.m.



If you are interested in getting a  
massage, please sign up in  
Claudie's office.



### Save the Date

Saturday November 30th - Walking in a Winter Wonderland, Brand new for 2013, join us for a joyous celebration of the Christmas holiday. Featuring everyone's favorite carols, the Nativity, and even Santa Claus, *Walkin' In A Winter Wonderland* will bring the true meaning of the holiday season to life. Cost: \$47.50 per person. Stay tuned for more details in the August Newsletter....

## Coffee & Donuts

Saturday July 6th

9 to 10:30 a.m.

\$1.75 coffee & donut

.75 additional donut

Friends and Family

Welcome



## Therapy Dog Visit



Monday July 29th

11 a.m.

Lounge

Alice Romberger will be here with her loveable Maltese Mix, Miz Daisy.



## Walkers Club

Every Friday

10:00 a.m.

20-30 minutes

If you are interested in a regular walking group, please stop by Claudie's office to sign up.

**Senior Stars** Let's Go!



## Blood Pressure Check

Thursday July 11th

6 p.m.

Lounge



# 50/50

## Drawing

### SOCIAL

Saturday, July 20  
4 p.m. Doors open  
5 p.m. Refreshments  
6 p.m. Entertainment

Entertainment by:  
The Rehrig Brothers

Good Will Offering  
Light Refreshments

## IRONPIGS



## Baseball

Date: Saturday, July 20 Departs: 5:00 p.m.

**\$10.00 payment is due by Wednesday, July 17**

Please see Donnie Byington Apt#1101



Saturday, July 27th at 1:00 p.m.

Cost: \$32.00 tickets plus your dinner cost at the Copperhead Grill

DeSales University presents:

The Importance of Being Earnest

Reminder

**Complete payment is due July 2**

# 4th of July Picnic



**Sunday July 7th**

**1 pm Lounge**

**Doors open at noon**

**FUN, SING A LONG, DANCING**

**Entertainment:**

**Gary Kratzer**

**Assisted by Carol**



**50/50 chances**  
20/20 cps nces



## WE ARE ALL SPECIAL...

*We have gifts that differ according to the grace to us.*

*-Romans 12:6 (NRSV)*

If only....! If only I could speak like that. If only I could teach. If only I could be more helpful. If only I could do something special.

Why do we insist on putting ourselves down? How many times have we thought of the wonderful people we could be ...if only?

To reject what we are is like telling God "you goofed!" We are saying that we aren't satisfied with God's undeserved kindness.

A gift becomes a gift when it is received. When we accept our abilities and offer ourselves to God, we become part of God's plan. God has a purpose for making us just as we are---not duplicates, but interlocking pieces. We are to complement each other and together create a complete reflection of God.

The late Fred Rogers, a Christian, wrote in his memoirs something special for children (*and us too!*) to remember about themselves. He wrote, "*If you could only sense how important you are to the lives of those you meet; how important you can be to the people you may never dream of. There is something of yourself that you leave at every meeting with another person.*"

**No one is insignificant, because each one of us is part of God's image.**

*– Chaplain Clark*



## WORSHIP in the PATIO-JULY, 2013

†Tuesday, July 2 Father Jason Stokes, Notre Dame RC, Bethlehem

†Thurs, July 11- Rev. Richard Nahodil, St. John's EC, Allentown

†Thurs., July 18 Rev Joy Wyler, Unity of the LV, Emmaus

†Thurs., July 25 Rev Sharon Joseph, Church of the Manger, Bethlehem

**BIBLE STUDY- WEDNESDAYS at 1PM in the PATIO- ALL ARE WELCOME!!**

**LUTHERAN MANOR CHAT ROOM- THURSDAYS at 10 AM in the PATIO!**

## DeSales Theater and Dinner Trip



*The chat room group suggested a Van Trip to DeSales University Theater on Saturday, July 27<sup>th</sup> to see "The Importance of Being Earnest" by Oscar Wilde. More information is available elsewhere in the HiLites. Cost is \$32.00/person for the theater plus cost for dinner. **Note:** The \$32.00 is due by Tuesday, July 2<sup>nd</sup>. See Claudie for payment.*



## Upcoming Workshop

Annual Recertification's can seem like a mystery.

You may have unanswered questions like-  
Why do I have to start this now? OR  
Why is there so much paperwork?

Income, Assets, Medical Expenses, Oh My!  
What can you do to get the most subsidy each year?

Jennifer Snead, the Lutheran Manor Occupancy Specialist will be offering a workshop in August to provide information about the Recertification process and help answer your questions!

Come August 27, 2013 at 9:30AM in the Lounge!  
Stay tuned for more details in the August newsletter.

Let's solve the puzzle together!



Take the mystery out of  
your Recertification!





# MOVIE NIGHT

---

## The Blind Side

The story of Michael Oher, a homeless and traumatized boy who became an All American football player and first round NFL draft pick with the help of a caring woman and her family.

---

Saturday July 13th at 7 p.m.

Conference Room

# Van Trips



# August 2013

DATE		TRIP	TIME
August 1	(Thursday)	Iron Pigs Game	5:00 p.m. _____
August 2	(Friday)	Banks, CVS, \$ Store, Post Office	9:30 a.m. _____
August 4	(Sunday)	Allentown Marine Band@ West Park (Free)	6:30 p.m. _____
August 5	(Monday)	Giant	9:30 a.m. _____
August 7	(Wednesday)	Heislors Dairy Bar-Mini Golf \$4.00	10:30 a.m. _____
August 8	(Thursday)	Tri-Boro Spaghetti Night	4:30 p.m. _____
August 12	(Monday)	Knobels Park	8:30 a.m. _____
August 13	(Tuesday)	Senior Bingo	10:45 a.m. _____
August 14	(Wednesday)	Muhlenburg Festival Cramer Bros.	6:00 p.m. _____
August 15	(Thursday)	Price Rite	9:30 a.m. _____
August 16	(Friday)	Lunch/Movie at Promenade	10:45 a.m. _____
August 18	(Sunday)	Bill Murray Band @Alburtis Park (Free)	1:45 p.m. _____
August 19	(Monday)	Breakfast @Wal-Mart	9:30 a.m. _____
August 20	(Tuesday)	Senior Bingo	10:45 a.m. _____
August 21	(Wednesday)	Leesport Farmers Market/Lunch	8:30 a.m. _____
August 25	(Sunday)	Allentown Pioneer Band@ Rose Garden (Free)	6:45 p.m. _____
August 26	(Monday)	Lunch @Doughboys	11:00 a.m. _____
August 27	(Tuesday)	West End Fair	10:30 a.m. _____
August 28	(Wednesday)	The Willows Restaurant	4:00 p.m. _____
August 29	(Thursday)	Valley Farm Market	9:00 a.m. _____
August 30	(Friday)	West End Fair	10:30 a.m. _____

Please fill out the form and I will meet you at the Lounge after 9 a.m. on the first day of the month to collect. Thank you!

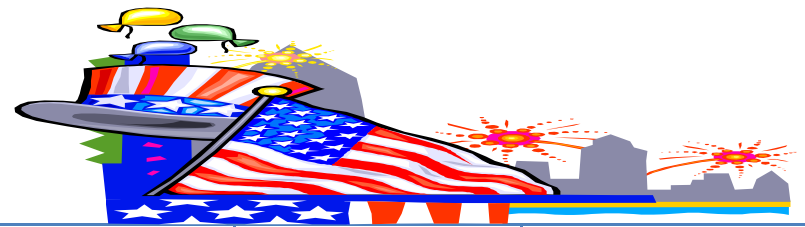
Name: \_\_\_\_\_ Apt: \_\_\_\_\_

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

**A \$5 FEE will be required for NO SHOWS without cancelations.**



# July 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 10:00 Exercise 6:00 Bingo	<b>2</b> 9:00-12:30 Mas- sage by Appointments 10:30 <b>Speaker-Lowe's</b> 2:00 Father Jason Stokes Notre Dame	<b>3</b> 10:00 Exercise 1:00 Bible Study		<b>5</b> 10:00 Walkers Club 11:00 Yoga	<b>6</b> 9:00 Coffee & Donuts 12:30 Pinochle Party
<b>7</b> 1:00 4th of July Picnic	<b>8</b> 10:00 Exercise 6:00 Bingo	<b>9</b>	<b>10</b> 10:00 Exercise 1:00 Bible Study 6:00 Computer Class	<b>11</b> 10:00 Chat Room 2:00 Rev Richard Naodil, St John's EC 6:00 Blood Pressure	<b>12</b> 10:00 Walkers Club 11:00 Second Har- vest Food Delivery	<b>13</b> 7:00 Movie Night
<b>14</b>	<b>15</b> 10:00 Exercise 6:00 Bingo	<b>16</b>	<b>17</b> 10:00 Exercise 1:00 Bible Study	<b>18</b> 10:00 Chat Room 2:00 Rev Joy Wylar, Unity of the LV	<b>19</b> 10:00 <b>Speaker- Exercise/Nutrition</b> 11:00 Yoga	<b>20</b> 5:00 Iron Pigs Game 6:00 Social with The Rehrig Brothers
<b>21</b>	<b>22</b> 10:00 Exercise 6:00 Bingo	<b>23</b>	<b>24</b> 10:00 Exercise 1:00 Bible Study 1:30 <b>Speaker-Safety</b> 6:00 Computer Class	<b>25</b> 10:00 Chat Room 2:00 Rev Sharon Joseph Church of the Manger	<b>26</b> 10:00 Walkers Club 11:00 Yoga	<b>27</b> 1:00 DeSales/ Copperhead Grill
<b>28</b>	<b>29</b> 10:00 Exercise 11:00 Therapy Dog Visit 6:00 Bingo	<b>30</b>	<b>31</b> 10:00 Exercise 1:00 Bible Study			